**PE, Sport and Health Reading List**

**KS3**

You are a Champion – Marcus Rashford

You Can Do It – Marcus Rashford

Everything Sports – National Geographic Kids

Sports Biographies for Kids – James H Jordan

Confidence is My Superpower – Alicea Ortego

**KS4**

***Sport Studies***

# My Revision Notes: Cambridge National Level 1/2 Sport Studies

[www.sportengland.org](http://www.sportengland.org)

[www.youthsporttrust.org](http://www.youthsporttrust.org)

[www.sportsleaders.org](http://www.sportsleaders.org)

***Sport Science***

# My Revision Notes: Level 1/Level 2 Cambridge National in Sport Science

[www.brianmac.co.uk](http://www.brianmac.co.uk)

***Health and Social Care***

# My Revision Notes: Level 1/Level 2 Cambridge National in Health & Social Care

**Everyone**

[BBC Sport - Scores, Fixtures, News - Live Sport](https://www.bbc.co.uk/sport)

[Sky Sports - Sports News, Transfers, Scores | Watch Live Sport](https://www.skysports.com/)

Incredible Sporting Champions – Georgia Amson-Bradshaw

Brilliant Women - Georgia Amson-Bradshaw

Fly high crew - Ashley and Jordan Banjo

Women in Sport: Fifty Fearless Athletes Who Played to Win – Rachel Ingotofsky